

July 2017

Sun	Mon	Tues	Wed	Thur	Fri	Sat
2 nd U16 boys Training 1300	3 rd Senior Training 1900- 2100	4 th Senior Ladies 1930-2045	5 th U16&18 Girls Training 1800-1930 Senior Training 1900- 2100	6 th Senior Ladies 1930-2045	7 th	8 th
9 th U16 boys Training 1300	10 th Senior Training 1900- 2100	11 th Senior Ladies 1930-2045	12 th U16&18 Girls Training 1800-1930 Senior Training 1900- 2100	13 th Senior Ladies 1930-2045	14 th	15 th
16 th U16 boys Training 1300	17 th Senior Training 1900- 2100	18 th Senior Ladies 1930-2045	19 th U16&18 Girls Training 1800-1930 Senior Training 1900- 2100	20 th Senior Ladies 1930-2045	21 st	22 nd
23 rd U16 boys Training 1300	24 th Senior Training 1900- 2100	25 th Senior Ladies 1930-2045	26 th U16&18 Girls Training 1800-1930 Senior Training 1900- 2100	27 th Senior Ladies 1930-2045	28 th	29 th
30 th U16 boys Training 1300	31 st Senior Training 1900- 2100					

August 2017

Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1 st Senior Ladies 1930-2045	2 nd U16&18 Girls Training 1800-1930 Senior Training 1900- 2100	3 rd Senior Ladies 1930-2045	4 th	5 th
6 th U16 boys Training 1300	7 th Senior Training 1900- 2100	8 th Senior Ladies 1930-2045	9 th U16&18 Girls Training 1800-1930 Senior Training 1900- 2100	10 th Senior Ladies 1930-2045	11 th	12 th
13 th U16 boys Training 1300	14 th Senior Training 1900- 2100	15 th Senior Ladies 1930-2045	16 th U16&18 Girls Training 1800-1930 Senior Training 1900- 2100	17 th Senior Ladies 1930-2045	18 th	19 th
20 th U16 boys Training 1300	21 st Senior Training 1900- 2100	22 nd Senior Ladies 1930-2045	23 rd U16&18 Girls Training 1800-1930 Senior Training 1900- 2100	24 th Senior Ladies 1930-2045	25 th	26 th
27 th U16 boys Training 1300	28 th Senior Training 1900- 2100	29 th Senior Ladies 1930-2045	30 th U16&18 Girls Training 1800-1930 Senior Training 1900- 2100	31 st Senior Ladies 1930-2045		